

Athletic Training Services

Athletic Training Staff

Licensed Athletic Trainer: Kensington Naze

The Froedtert & Medical College of Wisconsin Sports Medicine Team is the Official Sports Medicine Provider at Kingdom Prep Lutheran High School.



Kingdom Prep Lutheran High School's Athletic Trainer is Kensington Naze. Kensington is a graduate of UW-Milwaukee's Bachelor of Science in Kinesiology and Master of Science in Athletic Training programs. As a graduate student, Kensington did various clinical rotations including Northwestern football and the Milwaukee Ballet, before becoming an athletic trainer with Froedtert. She has specific interest in biomechanics, performance, lower extremity injuries, and educational tools. When not working at the high school she has enjoyed playing club ultimate frisbee and coaching gymnastics.

The sports medicine team is dedicated to providing excellent care. We work with students and the school to return athletes to their sports as soon as it is safe. Together the Froedtert & MCW sports medicine team members provide emergent care, prevention, evaluation, diagnosis, and treatment of injuries, illnesses, and medical conditions. In addition to daily athletic training coverage, various physician residents help provide medical coverage for home varsity football games.

If an athlete needs a physician referral for further evaluation and diagnosis, an appointment can be set up at the Froedtert & MCW Sports Medicine Center in Wauwatosa.

Hours & Schedule

In addition to weekly hours at the school, athletes' parents can also contact a Froedtert licensed athletic trainer through the [Healthy Roster](#) app on your phone (free of charge from Froedtert & MCW). Healthy Roster is a mobile app/website program connecting parents and coaches with athletic trainers from Froedtert & MCW. Additionally, parents can receive updates on their child's injury through the Healthy Roster app. To get started using Healthy Roster, look for your e-mail invite and accept the invite to access your child's account. If you do not receive an invite, please contact your Froedtert & MCW licensed athletic trainer to be added.

Athletic Training Facility Hours:

Monday
1:15-5:15PM
Tuesday
1:15-5:15PM
Wednesday
1:15-5:15PM
Thursday
1:15-5:15PM
Friday
1:15-5:15PM

No appointment necessary. Schedule may vary including home events and off campus practices - please check schedule posted outside of athletic training facility



Kensington Naze

Licensed Athletic Trainer

Email: kensington.naze@froedtert.com

Important Information (preferably in an easy to find placement on page)

[Ortho Now](#)

[Preparticipation Physical Evaluation Form](#)

[WIAA Health Page](#)

[WIAA Medical Policies & Procedures](#)

[Concussion Infographic \(National Athletic Trainers Association\)](#)

[WIAA Concussion 101](#)